

Lesson 2: Scientific Method vs. Engineering Design Process

Food Detective: Cereal Slayer Worksheet

Cereal Name	Is whole grain the first ingredient? ✓ If yes	Total fiber per serving (g)	Is fiber 2 grams or more? ✓ If yes	Total sugar per serving (g)	Is sugar less than 8 grams? ✓ If yes	Indicate your choice: Most often = 3 checkmarks Sometimes = 2 checkmarks Least often = 1 or no checkmark

Adapted from Alberta Health Services